

HAPPY LABOR DAY

Plan. Prevent. Protect.

Holiday celebrations should fuel good memories, not emergencies, but alcohol-related incidents skyrocket every Labor Day. Own your weekend by making choices that keep you sharp, safe, and ready for whatever comes next. Look out for your shipmates, have a solid plan, and turn this holiday into a win for everyone.

Brought to You By: [Navy Substance Prevention and Deterrence Branch](#)

